

# ***Alzheimer's Disease and Behavioral Disturbances: Behavioral Interventions as First-Line Treatment***



*presented by* **Nestor H. Praderio, M.D.**

## **ONLINE SEMINAR:**

**Wednesday, March 25, 2026**

**from 5:00 - 6:30 PM**

## **REGISTRATION LINK:**

**Click [HERE](#) or scan the QR Code**



This presentation will examine the behavioral and psychological symptoms commonly associated with Alzheimer's disease, including agitation, anxiety, sleep disruption, and resistance to care. Emphasizing behavioral interventions as the first-line approach, Dr. Praderio will discuss evidence-based, non-pharmacological strategies that reduce distress and improve quality of life before considering medication.

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South Coastal Area Health Education Center designates this activity for a maximum of 1.5 AMA PRA Category 1 credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirement and policies of the American Nurses Credentialing Center's (ANCC) Commission on Accreditation through the joint providership of Del Mar College, South Coastal Area Health Education, and Texas Face-to-Face. Del Mar College is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

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